

TIPS FOR SMALL FOOTPRINTS

When shopping, look for items with reduced packaging or, see if you can leave excess packaging at the store for them to recycle.

- Shop for gifts from local artists, vendors and shops.
- Buy your holiday menu items from local farmers or stores that are supplied by local farms.
- Avoid purchasing unnecessary imported goods.
- Bring your own re-usable bags when out shopping.
- Instead of buying lots of 'stuff' get crafty & make your own cards/decorations/gifts this year.

Reuse It

Composting is becoming more common in many areas of the country. Organic matter that is composted is used to enrich soil and grow healthy plants. Here are some of the items you can compost:

- Use mason jars or glass food containers as storage for grains or nuts you buy in the bulk.
- Egg cartons are perfect for keeping small items organized—paperclips, tacks, buttons and nails.
- Don't waste money on Tupperware—wash out the plastic containers that yogurt and cottage cheese come in.
- Have bigger items or clothes you won't reuse? Maybe someone else would love them—hold a yard sale or schedule a pick-up with Goodwill.