

HOLÍDAY CHARÍTY RESOURCES

If you can't break away from the over-consumption that plague so many this time of year, commit to not bringing it all home with you. There are plenty of organizations and people who could use a helping hand; make a few phone calls and find out what's most needed in your area.

The next time you can't walk away from a good sale keep your eye out for warm blankets, kid's clothing, toys and non-perishable foods. Not much of a shopper regardless of the time of year? Contact those same local organizations and see if they could use a few hours of help this weekend.

Toys for Tots Foundation
Make a Wish Foundation
Hunger America - Hunger Relief Charity
Salvation Army - Ways to Give'
Red Cross - Give Blood'

http://www.toysfortots.org
http://www.wish.org
http://feedingamerica.org
http://donate.salvationarmyusa.org
http://www.redcrossblood.org

Find homeless shelters, day shelters and halfway houses in your area that may be in need, http://www.shelterlistings.org