

BE GREAT AT ANYTHING™

Mercy Health

The largest health system in Ohio and among the top five employers in the state.

GOAL

Holistic well-being program that encompasses mind, body and spirit.

ADURO DELIVERED

- Innovation through integrating well-being into conventional healthcare delivery.
- Human Performance Paths spanning lifestyle, prevention and disease management.
- A hybrid screening model that leverages internal lab quality with WellMetrics® expertise.

RESULT

91% of benefit plan participants engage in the program, 72% engagement from executives. Workplace Award: Healthiest 100 Workplaces in America award.

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ADURO's thought leadership and innovation comes through in everything that is presented to our employees.

*Nicole Martel, Sr. Director
Health & Well-being, Mercy Health*



healthiest100.com

HEALTHIEST
100™

#74 of Healthiest 100 Workplaces in America